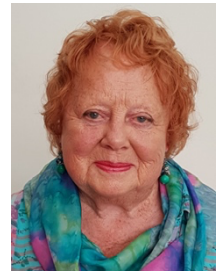


Jenny Biancardi Consultancy



The Power of the Core Conditions - more relevant than ever



One-Day Workshop. Saturday 8 May 2021. Online (Zoom)

Content

Those who think that Carl Rogers' work belongs in the past, may not appreciate the total relevance of the core conditions in today's world. They are fundamental to keeping our humanity intact and having a positive impact on other people.

In this experiential workshop, as part of looking at the core conditions, we will revisit what it means to have unconditional positive regard, and yet to be congruent.

Being more congruent does not mean going around giving everyone a piece of your mind, but it does require a degree of honesty and respect for others. It also requires self-awareness, some courage and real compassion. Hard to do, but fun to practice! The skills are very relevant for supervisors, therapists and everyone who wants more honest and open relationships in their life.

Zoom is being used with plenty of interaction, practice and demonstrations, small groups and breaks. (No PowerPoints!) I'm keeping the numbers low, so that we are all visible on the screen.

Course Leader

Jenny Biancardi: Person centred psychotherapist, trainer, mentor, and qualified psychodramatist. Jenny also runs a Supervision Certificate training course, and is a BPA-registered senior trainer, BACP Senior Registered Practitioner, and UKCP registered psychotherapist.

Course Details

The day runs from 10am until 5pm with lunch and coffee breaks. The course is online using Zoom and the cost is £115 (Deposit: £35. Balance £80.)

An attendance certificate is provided for CPD purposes. Places are limited - so early booking is advisable.

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